

COVID-19 Risk Assessment

The Northumberland Tennis Academy

1. The risk assessment has been prepared by Chris Sanderson (Manager, Northumberland Tennis Academy) and Graeme Manwell (Director, Portland Health and Safety Ltd).
2. The risk assessment has been produced to aid The Northumberland Tennis Academy for a safely managed return to its coaching activities following its suspension due to the Coronavirus pandemic (COVID-19).
3. The assessment considers an appreciation of the positive benefits which a return to tennis will have upon the players whilst at all times ensuring that suitable control measures have been carefully considered to minimise the risk of players or coaches from contracting COVID-19. The health and safety of all academy pupils, their parents and guardians, and coaches is of paramount importance.
4. We acknowledge the importance to thoroughly plan and organise the reopening process, using good risk intelligence from health and safety professionals who can ensure that proportionate safeguards and controls are in place.
5. As government and LTA guidelines change, the risk assessment and control measures shall be updated accordingly. The assessment will be continually monitored to ensure its effectiveness.
6. The assessment identifies COVID-19 as a hazard and details the specific control measures which the Northumberland Tennis Academy will implement to control this hazard, so far as is reasonably practicable. A general risk assessment previously undertaken for the Northumberland Tennis Academy remains active and will be observed in conjunction with this assessment.
7. This updated version of our COVID-19 Risk Assessment is in response to the Government's roadmap out of lockdown; COVID-19 Response - Spring 2021 and how these rules affect the Northumberland Tennis Academy.

What is the hazard?	Who might be harmed and how?	Controls	Additional Controls	Action by who?	Action by when?	Done
Covid-19	<p>Tennis coaches, academy players, parents, guardians and Northumberland Club staff and members are at risk of Coronavirus (COVID-19). The virus is an infectious disease caused by a newly discovered coronavirus. COVID-19 is spread in minute water droplets that are expelled from the body through sneezing, coughing, talking and breathing. The virus can be transferred to the hands and from there to surfaces. It can survive on surfaces for a variable period of time. If it is passed from one person to another, most people infected with the virus will experience mild to moderate respiratory illness and recover without requiring special treatment. However, some people, especially older people, and those with underlying medical problems can develop serious illness which may lead to death.</p> <p>COVID-19 is regarded as a high hazard.</p>	<p>Chris Sanderson (Academy Manager) and Graeme Manwell (Portland Health and Safety Ltd) have agreed upon control measures in line with Government and Lawn Tennis Association (LTA) guidelines to ensure that a return to academy tennis squads can be managed safely and effectively</p> <p>The Academy have appointed Portland Health and Safety Ltd for continual guidance and support during this period.</p> <p>QR code for NHS Test and Trace is displayed on front door of NCTC</p>	<p>Parents and guardians of invited players to receive guidance and risk assessment.</p> <p>Continually check the updated guidance from government and LTA</p> <p>Ensure code poster remains fixed to front doors. Terms and conditions of displaying QR code have changed. NHS now share all venues displaying QR codes with local authorities for inspection.</p>	<p>CS</p> <p>Portland Health & Safety/CS</p> <p>Portland Health and Safety/CS</p>	<p>11/06/2020</p> <p>On-going</p> <p>On-going</p>	<p>11/06/2020</p> <p>Latest update 01/04/2021</p>

What is the hazard?	Who might be harmed and how?	Controls	Additional Controls	Action by who?	Action by when?	Done
COVID-19		<p>Coaches, players, parents, and guardians asked not to attend sessions if they have any of the recognised symptoms of Covid-19 (a new continuous cough, high temperature, a loss of, or change in, normal sense of taste or smell)</p> <p>Anyone who feels any of the recognised symptoms of Covid-19 during a squad is to inform their coach immediately. Anyone feeling ill will be removed from the squad and asked to return home immediately if safe to do so. Anyone unable to return home will be safely isolated until able to do so.</p> <p>Anyone who has symptoms of COVID-19 however mild, must self-isolate for at least 10 days from when the symptoms started. They should contact NHS Test and Trace to arrange to have a test to see if they have COVID-19. They should not go to a GP surgery, pharmacy or hospital.</p> <p>Pupils who are not experiencing symptoms but have tested positive for COVID-19, must self-isolate for at</p>	<p>Send out an email reminder/update of the safe procedures</p> <p>Academy Manager and his coaches to reinforce the key procedures from the risk assessment with squads prior to re-start. This will need monitoring throughout and addressing any shortfalls/breaches immediately.</p>	<p>KS</p> <p>CS</p>	<p>ASAP</p> <p>ASAP</p>	<p>11/04/2021</p> <p>10/04/2021</p>

		<p>least 10 days, starting from the day the test was taken. If they develop symptoms during this isolation period, the 10-day isolation should re-start from the day they developed symptoms.</p> <p>Close contacts of someone who has tested positive to COVID-19, will be contacted by NHS Test and Trace and asked to self-isolate for 10 days. They must not attend sessions at the academy.</p> <p>Everyone encouraged to use good levels of personal hygiene. Sneezing and coughing should be making use of a tissue or upper sleeve.</p> <p>Players are encouraged to travel to squads by foot, bicycle, or car where possible, to help minimise the risk of proximity to infected people,</p> <p>Records of attendance are kept as per normal protocol and can be used to aid NHS Test and Trace services.</p>				
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What is the hazard?	Who might be harmed and how?	Controls	Additional Controls	Action by who?	Action by when?	Done
		<p>Indoor and outdoor training</p> <p>Players asked to arrive no earlier than required and to leave promptly after squads to avoid accumulation of people in grounds.</p> <p>Players asked to arrive changed as changing rooms should not be used.</p> <p>Social distancing of 2 metres applies to everyone on site whenever possible. Members of the same household are excluded from this control.</p> <p>Hand sanitising will be encouraged and players asked to bring their own personal supply.</p> <p>Players to refrain from sharing any equipment i.e. water bottles, towels, tennis rackets.</p> <p>Players to refrain from touching court equipment i.e. net posts, and net winders</p> <p>Players are not to shake hands or high 5 during squads</p> <p>Court cleaning equipment must not</p>	Coaches must monitor and act	All coaches	On-going	

		<p>be used by players unless permission granted by coaches. If used, hands must be thoroughly sanitised.</p> <p>On-court equipment such as cones disc markers and drop-down lines will only be handled by coaches. If asked to move them, players should use their feet.</p> <p>On-court chairs have been removed.</p> <p>Outdoor training (Squads) Squad players to allow court users to leave a court before entering themselves. Entry to courts 14 & 15 will be via court 14 and the exit via court 15.</p> <p>Entry to court 4, 5 & 6 will be via court 4, and the exit via court 6</p> <p>Indoor training For indoor group training (4pm-8pm), parents/guardians are asked to drop off pupils outside the front door of tennis centre. A coach will collect/escort out at the start/finish of every session. A one-way system is in operation during these times to</p>	<p>Monitor</p> <p>If for any reason a coach feels that players may enter or exit from a different gate, this must be suitably supervised to ensure adequate social distancing.</p>			
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		<p>reduce proximity of pupils at busy periods. A banner is used to divide the entrance hall into entry and exit.</p> <p>Maximum number of 15 for group coaching squads.</p> <p>A hand sanitising unit is located in foyer of indoor centre and players asked to use it before and after each session.</p> <p>Parents have been asked to refrain from spectating. If supervision is requested it is for one person per player maximum.</p> <p>Singles and doubles competition is permitted for under 18's</p> <p>As of September 2020, mini red tennis sessions have been cancelled to limit the number of pupils in the indoor centre.</p> <p>Only one player at a time should use the toilet facilities. The toilet facilities have an enhanced cleaning regime and are checked throughout the day to ensure soap, hot water and paper hand towels are available. Any issues are reported to The Northumberland Club duty</p>	<p>This is still cancelled as of 14/04/2021</p> <p>Coaches to reinforce the control measures regularly and as necessary.</p> <p>Portland Health and Safety to carry out spot checks to ensure controls are effective</p>	<p>CS</p> <p>PH&S</p>	<p>On-going</p> <p>On-going</p>	
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